

Summer Elisabeth Day Spa

High Tea Menu

Lemon Pepper Chicken and cream cheese finger sandwich

Cucumber, cream cheese & mayonasia with salt and pepper finger sandwich

Ham and swiss cheese with pickled mayonasia finger sandwich

Scone with jam and cream

Macarons | Mini desserts | Fresh berries

Beverages

Glass of Bubbles | Herbal Tea by Tea Tonic | Sparkling Water

Tumeric Beetroot and Ginger

Sip this anti-inflammatory, antioxidant loaded tea to enhance your body's ability to recover and restore

True Calm

This Moringa based tea acts as a balancing tonic, this tea will adapt to your body's needs by eliminating stress, creating an internal peace

Apple Tree

A full-bodied smooth apple-flavoured tea that has a delicate and crisp finish

Complexion Tea

This delicate savoury herbal blend starts off with a gentle detoxifying cleanse of the blood, liver and lymphatics

Ginger, Lemongrass, Echinachea & Whitetea

Immune booster, anti-nausea, high potent antioxidant, great if you are prone to getting sick or feel the flu coming on

Well Being

The calendula is healing internally, while the spearmint relaxes digestion, and the alfalfa helps to alkaline our body's tissues.

Blue Magic

This sensual floral combination will fascinate you with its magic.

Relaxation

A restive and soothing herbal beverage for the mind and soul, with a unique lemon, lavender taste.